



Calshot Kit List 2018

- ❖ Gloves
- ❖ Hats
- ❖ Trainers
- ❖ Wellington boots for our day in the Forest and clothes peg with name on and in a strong carrier bag. (Calshot have spares if needed!)
- ❖ Lots of layers of warm clothing (lots of thin layers are more effective than one thick one)
- ❖ T shirts / tops - ideally including a couple of long-sleeve ones for skiing
- ❖ Tracksuits as they are vastly warmer and generally more comfortable than jeans.
- ❖ A good waterproof coat
- ❖ Pyjamas, slippers
- ❖ Underwear, in particular plenty of socks
- ❖ Wash kit and towel (No aerosols please - due to very sensitive smoke/fire alarm system)
- ❖ Sports bottle for water
- ❖ Lipsalve or Vaseline for sore lips
- ❖ Thick tights / running leggings or similar can be useful as they can worn under trousers for warmth (but not essential)

❖ SPARE SOCKS FOR EMERGENCIES 😊

Duvets and sheets are provided by Calshot.

However, if you can make sure your child knows how to make a bed up (with lots of practice) it would be extremely helpful for when we arrive. You would not believe how many children do not know how to undertake this task!